

ASSOCIATE DEGREE IN ARTS / SCIENCE

Applied Psychology-II

Total Mark: 100

Appendix 'A'

(Outlines of Tests)

Paper-A:	Applied Areas of Psychology (Written)	:	80 Marks
Paper-B:	Mini Research (Practical)	:	20 Marks

Appendix 'B'

(Syllabi and Courses of Reading)

Paper-A: Applied Areas of Psychology

80 Marks

1. Introduction:

Scope of Psychology

Introduction of Applied Areas of Psychology

2. Clinical Psychology:

Introduction: aims and scope

Brief History

Role of a Clinical Psychologist

Perspectives of Clinical Psychology

Clinical Assessment and Intervention

Status of Clinical Psychology in the World

Status of Clinical Psychology in Pakistan

3. Counseling Psychology:

Introduction: aims and scope

Brief History

Role of a Counseling Psychologist

Perspectives of Counseling Psychology

Assessment and Intervention

Status of Counseling Psychology in the World

Status of Counseling Psychology in Pakistan

4. Organizational/Industrial Psychology:

Introduction and Brief History of I/O Psychology

Scope of I/O Psychology

Approaches to I/O Psychology

Services provided by I/O Psychologists

Assessment and Intervention

Status of I/O Psychology in the World

Status of I/O Psychology in Pakistan

5. Developmental Psychology:

Introduction: Aims and scope

Brief History

Role of a Developmental Psychologist

Approaches of Developmental Psychology

Assessment and Intervention

Status of Developmental Psychology in the World

Status of Developmental Psychology in Pakistan

6. Health Psychology:

Introduction: aims and scope

Brief History

Role of a Health Psychologist

Models of Health Psychology

Assessment and Intervention

Status of Health Psychology in the World Status of Health Psychology in Pakistan

7. School and Educational Psychology:

Introduction: aims and scope

Brief History

Role of a School Psychologist

Perspectives of School Psychology

Assessment and Intervention

Status of School/Educational Psychology in the World

Status of School/Educational Psychology in Pakistan

8. Social Psychology:

Introduction; Group Types: Primary group, Secondary group, Reference group, In and out group Attitude: Types of attitudes; Stereotypes, Prejudices Nature and components, Leadership: types and characteristics Mass Communication: Electronic media and Print media.

9. Sports Psychology:

Introduction: aims and scope

Brief History

Role of a Sport Psychologist

Perspectives of Developmental Psychology

Assessment and Intervention

Status of Sport Psychology in the World

Status of Sport Psychology in Pakistan



10. Forensic Psychology:

Introduction: aims and scope

Brief History

Role of a Forensic Psychologist

Perspectives of Forensic Psychology

Assessment and Intervention

Status of Forensic Psychology in the World

Status of Forensic Psychology in Pakistan

11. Emerging Areas in Psychology:

Positive Psychology

Environmental Psychology

Peace Psychology

Military Psychology

Paper-B: Mini Research (Practical)

20 Marks

Students are required to perform mini research in group (comprising of 4-5 members).

Mini Research Report : 10 marks

Viva Voce : 10 marks

Recommended Books:

1. Kaplan, R. M. & Saccuzzo, D. P. (2005). *Psychological Testing: Principles, Applications, and Issues*. USA: Wadsworth.
2. Slater, A. & Bremner, G. (2003). *An Introduction to Developmental Psychology*. Germany: Blackwell Publishing.
3. Santrock, J. W. (2007). *Child Development*. (11th ed.). USA: McGraw-Hill.
4. Crow, L. D. & Crow, A. (2000). *Educational Psychology*. Pakistan: National Book

Foundation. Sharma, R. N. & Sharma R. K. (2006). *Advanced Educational Psychology*. India: Atlantic Publisher.

5. Myers, D. G. (2008). *Social Psychology*. USA: McGraw-Hill.
6. Muchinsky, P. M. (2002). *Psychology Applied to Work*. USA: Wadsworth.
7. Snyder, C. R. & Lopez, S. J. (2007). *Positive Psychology*. USA: SAGE Publications.
8. Towl G. J. & Crighton, D. A. (2010). *Forensic Psychology*. UK: Blackwell Publishing.
9. Bell, P. A., Greene, T. C., Fisher J. D. & Baum, A. (2001). *Environmental Psychology*. USA: Harcourt.

