

**ASSOCIATE DEGREE IN ARTS**  
**Essentials of Home Economics-II**

**Total Mark: 100**

**Appendix 'A'**

**(Outlines of Tests)**

Paper-A:	Human Development & Family Studies;	75 Marks
	Art & Design and Home Management (Written) :	
Paper-B:	Practical :	25 Marks

**Appendix 'B'**

**(Syllabi and Courses of Reading)**

Paper-A:	Human Development & Family Studies and Art & Design and Home Management	75 Marks
<b>Section-I:</b>	Human Development & Family Studies	25 Marks

**1. Developmental Stages & Adjustments**

- Introduction to human development
- Brief introduction of infancy, childhood, adolescence
- Early adulthood
- Middle adulthood
- Late adulthood / Old age

**2. Maternal And Child Health**

- Preparation for parenthood
- Maternal health
- Prenatal care
- Postnatal care

**3. Introduction to Family**

- Definition, objectives and importance
- Function of family
- Family types
- Family life cycle

**4. Family Relations**

- Introduction to family relations.
- Factors affecting family relations.
- Preparation for marriage (husband-wife relations and relations with inlaws).

- iv. Dealing with tensions and conflicts in the family.

**5. Community Development and the Family**

- i. Definition of community
- ii. Communities in urban/rural areas.
- iii. Functions of community in family development
- iv. Role of family in the development of community

**Section-II: Art & Design**

**25 Marks**

**1. Importance of Art and Design in Home Economics**

**2. Application of Design in Everyday Life**

- i. Home Designs
- ii. Apparel designs
- iii. Design in consumer goods

**3. Principles of Design**

- i. Balance
- ii. Proportion
- iii. Emphasis
- iv. Harmony
- v. Rhythm



**4. Elements of Design**

- i. Line
- ii. Color
- iii. Shape and form
- iv. Texture

**5. Graphic Designing**

- i. Lettering
- ii. Labeling

### **Section-III: Management of Home and Environment**

**25 Marks**

#### **1. Home Management**

- i. Scope of management
  - Definition of management
  - Management; importance and process
  - Goals and values; definition and importance
- ii. Resources:
  - Management of specific resources
  - Management of time and energy
- iii. Work simplification
  - Fatigue
  - Layout of work areas and equipment

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#### **2. Management of family income**

- i. Budgeting
- ii. Saving: importance and methods of saving

#### **3. Decision making**

- i. Definition
- ii. Steps of decision making

#### **4. Environmental Management**

- i. Definition and importance of environment
- ii. Causes of environmental degradation
- iii. Impact of environment on healthy family living

#### **5. Consumer Education**

- i. Definition and Importance
- ii. Consumer behavior
- iii. Rights and responsibilities of consumer (examples from every domain of Home Economics)

#### **6. Flower Arrangement**

- i. Principles of fresh & dry Flower arrangements  
Types of fresh Flower arrangements

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**Paper-B: Practical**



**25 Marks**

**Section-I:**

Participating in community based intervention and support programs OR  
Study, evaluate and report any problem of a peer or 3 to 5 year child

**Section-II**

- i. Color wheel (6 color schemes)
- ii. Study of color and texture in paper collage.
- iii. Application of principle of design in card making (3 cards)
- iv. Designing of label (2 labels)
- v. 3 sample each of Tie n Dye and stenciling.
- vi. Designing with letters on file covers / Cards /Poster (A4 Size)

**Section-III**

1. Flower arrangement (Fresh, Dry)
2. A poster depicting environmental hazards and remedies