

**ASSOCIATE DEGREE IN ARTS  
PSYCHOLOGY (OPTIONAL)**

**Appendix 'A'  
(Outlines of Tests)**

**Paper:** ..... **Total Marks**  
..... **100**

**Appendix 'B'  
(Syllabi and Courses of Reading)**

**Paper:**

1. Definition, subject matter, Scope and methods.
2. Sensation, Sight and Hearing.
3. Perception.
4. Learning.
5. Individual Differences.
6. Memory and Imagination.
7. Feeling and Emotion.
8. Motivation-Violation.
9. Personality, Development, Factors of Personality. Social and Physiological Aspects.

**Books Recommended:-**

Psychology – A study of Mental Life.

Woodworth, R.S.

**OR**

Nafsiyat by C.A. Qadir

**Note:-** Students who have taken Psychology in B.A as an elective subject cannot take up the subject of Psychology (Optional).